

The following instructions are your physician's specific instructions. Please follow the instructions carefully to ensure a successful prep. You can reach your physician's office at: (334) 747-2273.

Specials Notes:

- Please notify the office if you have a DEFIBRILLATOR.
- Please see page 2 for detailed instructions regarding medication restrictions.

| 5 days prior to procedure                                                                                                                                                                                                                    | 3 days prior to procedure                                                          | 1 day prior to procedure                                                                                 | Day of procedure                                                                                                                                                                                                                                                |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Review your prep instructions thoroughly.</b></p> <p>If you take Coumadin, Aspirin or other blood thinners, please contact your primary care physician to determine if you can discontinue use for 3-5 days before your procedure.</p> | <p><b>YOU MUST ARRANGE A DRIVER WHO WILL STAY WITH YOU AND DRIVE YOU HOME.</b></p> | <p>You should adhere to your usual diet today.</p> <p><b>NOTHING TO EAT OR DRINK AFTER MIDNIGHT.</b></p> | <p>If you take daily medication, you may take it with SMALL SIPS OF WATER ONLY, at least 4 hours before your procedure.</p> <p>You may brush your teeth but do not swallow.</p> <p><b>DO NOT USE chewing tobacco, gum, lozenges, candy or breath mints.</b></p> |

## THE DAY OF THE PROCEDURE

- DO NOT have anything by mouth 4 hours prior to your procedure (this includes water, gum, candy, chewing tobacco, snuff or food items).
- EXCEPTION: take your blood pressure medications, heart medications, or seizure medications as prescribed with a small sip of water 4 hours prior to your procedure.
- Please contact your primary care physician for instruction on managing your diabetic medication. Hold all insulin and oral medication the day of your procedure. See medication restrictions list below.
- You must arrange to have a responsible adult (aged 18 years or older) bring you to your appointment, remain in the waiting area during the procedure, and drive you home afterwards. You are not allowed to drive, take a bus or taxi, or leave the facility alone.
- Please leave all jewelry and valuables at home, as we do not provide a secure area for these items.

If you have any questions or concerns about the preparation, please contact our office at (334) 747-2273.

## MEDICATION RESTRICTION INFORMATION

SPECIAL NOTE: Please contact the prescribing physician to confirm it is okay to stop these medications for the recommended number of days prior to your procedure. If you have not been given permission to stop the drug, contact Baptist Medical Center East - Endoscopy at (334) 747-8120, option 6.

|                      |                  |
|----------------------|------------------|
| Adlyxin              | Day of Procedure |
| Byetta               | Day of Procedure |
| Rybelsus             | Day of Procedure |
| Saxenda              | Day of Procedure |
| Victoza              | Day of Procedure |
| Xarelto (Rvaroxaban) | 2 days           |
| Pradaxa (Dabigatran) | 2 days           |
| Eliquis (Apixaban)   | 2 days           |
| Aggrenox             | 4 days           |
| Aspirin              | 5 days           |

|                       |        |
|-----------------------|--------|
| Bydureon              | 7 days |
| Mounjaro              | 7 days |
| Ozempic               | 7 days |
| Trulicity             | 7 days |
| Wegovy                | 7 days |
| Plavix (Clopidogrel)  | 5 days |
| Brilanta (Ticagrelor) | 5 days |
| Coumadin (Warfarin)   | 7 days |
| Effient (Prasugrel)   | 7 days |
| All GLP1              | 7 days |