

MIC Procedure Instructions

PROCEDURE

PREP REQUIRED

EXAM LENGTH

ROUTINE SCHEDULED EXAMS

Upper GI Series; Barium Swallow	NPO after midnight	20 minutes
Small Bowel Follow Through	NPO after midnight, E-Z EM prep kit	30 minutes up to 3 hours
Barium Enema without/with air	E-Z EM prep kit	30 minutes
IVP	E-Z EM prep kit , BUN & Creatinine age 50 +	30 minutes up to 1 hour
SHOULDER ARTHOGRAMS		20 minutes

ULTRASOUND

Abd Right Upper Quadrant	NPO 4-6 hours prior to exam	20 minutes
Abdomen Complete	NPO 4-6 hours prior to exam	30 minutes
Retroperitoneum or Aorta	NPO 4-6 hours prior to exam	20 minutes
Scrotum		20 minutes
Thyroid		20 minutes
Vascular : Renal Arteries	NPO 4-6 hours prior to exam	1 hour
Venous Doppler Upper or Lower Extrem.		30 minutes to 1 hour
Carotids		1 hour
Pelvic	Full Bladder at least 64 oz fluid	30 minutes
Transvaginal	Empty Bladder	20 minutes
Renal/ Kidney	Full Bladder if possible to check for reflux	20 minutes
Obstetrical	Full Bladder	30 minutes

MRI

CONTRAST STUDIES:

Diabetic, 50+ yrs old, kidney problem, mult. Myeloma, B₁ myeloma, BUN AND CREAT NEEDED

Brain		25 minutes
Brain with IAC'S		1.5 hours
Brain with Orbits	No eye makeup	1.5 hours
Brain with Pituitary		1.5 hours
Cervical Spine		30 minutes
Thoracic Spine		45 mintues
Lumbar Spine	Prior Surgery: requires contrast	30 minutes
Pelvis/Hips		45 minutes
MRI JOINTS (shoulder, elbow, hands, knee, ankle, feet)		45 mintues
MRA Head (Circle of Willis)	always without contrast	15 minutes
MRA Carotids and Vertebrales	with and without contrast	45 minutes