

## Preparation Instructions:

### CT Scan and IVP Exams

If the patient is having an exam requiring **IV contrast**, please note the following:

1. A light meal or nothing to eat or drink 4 hours prior to the exam
2. Diabetic patients taking GLUCOPHAGE, GLUCOVANCE, METAFORMIN, AVANDAMET or METAGLIP may not resume this medication for 48 hours after their exam. A BUN and Creatinine must be obtained prior to the exam and then re-checked before continuing meds.
3. If the patient is over 50, he or she needs to obtain a BUN and Creatinine study.  
**Lab Report Required**
4. Please notify if the patient has renal or heart problems

### CTA

Nothing to eat or drink 4-6 hours before exam

### Nuclear Medicine

- Thyroid patients must be off their thyroid medication for 4 weeks prior to the study and should have no contrast studies 6 weeks prior to the study
- Gastric emptying and HIDA, nothing to eat or drink for 4-6 hours before exam

### Directions to East Montgomery Imaging Center

#### From I-85:

Exit at Taylor Road, AUM. Turn North onto Taylor Road, you will see Baptist East on your left. Pass the hospital and take the next left onto Winton Blount Boulevard. We are located on the left, adjacent to the Baptist Breast Center, across from the Post Office.

East Montgomery  
Imaging Center  
6880 Winton Blount Boulevard  
Montgomery, AL 36117  
334-277-1210

### MRI

If the patient is having an exam requiring **IV contrast**, please note the following:

A serum creatinine should be obtained if the patient has ANY of the following risk factors:

1. Age 50 or older
2. Family History of kidney failure
3. Diabetes treated with insulin or other medications
4. Paraproteinemia syndromes or diseases
5. History of "kidney disease" as an adult including tumor and transplant

*A Creatinine level within the prior 6 months is sufficient in most clinical settings. Lab Report Required*

- **MRCP:** Nothing to eat or drink for 4-6 hours

### Fluoroscopy

- **Barium enema and IVP:** Fleet Prep Kit, Please pick up at least 24 hours before your exam

- **GI series, Bowel series and Barium swallow:** Nothing to eat or drink after midnight

### Ultrasound

- **Gallbladder, Abdomen, RUQ:** 8 Hour fast before exam

- **Pelvic:** drink 64 oz. of water 1 ½ hour prior to exam. *Do not empty bladder before exam.*

- **Renal Artery:** Nothing to eat or drink for 8 hours prior to exam.

#### From Atlanta Highway:

Turn South onto Taylor Road, headed towards Baptist East. Before you reach the hospital you will turn right onto Winton Blount Boulevard. We are located on the left, adjacent to the Baptist Breast Center, across from the Post Office.

